# PRAYERS FOR THE YEAR \$2016



by Catherine Austin Fitts

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Catherine Austin Fitts

Solari, Inc. Hickory Valley, Tennessee

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To our Solari clients

and subscribers,

who bless us all

by praying for their children,

their families,

and the people

around them

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Therefore all things whatsoever ye would that men should do to you, do ye even so to them.

—Jesus Christ,
Sermon on the Mount,
Matthew 7:12





ach of us at Solari sees and hears the need for restoration and rejuvenation throughout our lives and work.

We hear the effort to apply the Golden Rule in our lives, our work and our finances. We hear a call for a positive and productive way forward through the changes upon us. We are often asked, "What can I do?"

One of the things each one of us can do is to pray. No matter how pressed our schedule is, there is always time for prayer. We can pray while we drive, while we cook breakfast, while we take a walk, while we exercise, while we garden.

Each day I read a scripture and a devotional. I pray on and off throughout the day. In those moments or when faced with a difficult decision, I reach for insight from some of my favorite scripture, sermons and sayings.

For our Christmas card this year, here are some of those scriptures and prayers in the form of 36 prayers and devotionals – one for each day of the month as well as Christmas, New Years Eve, New Years and your birthday.

My prayers during this holiday season are for the divine humanity in each of us to flourish in 2016 as I pray for your health, prosperity and for peace on Earth.

On behalf of the entire team at Solari, Merry Christmas, and Happy New Year!

~CATHERINE AUSTIN FITTS





#### CHRISTMAS 2015

IN HOC DOMINI By Vermont Royster

Vermont Royster's Christmas message has been republished by The Wall Street Journal every Christmas since its first publication in 1949. As I cannot think of a more beautiful way to celebrate the birth and life of Christ, it is reprinted at Solari.com each Christmas in its entirety.



hen Saul of Tarsus set out on his journey to Damascus the whole of the known world lay in bondage. There was one

state, and it was Rome. There was one master for it all, and he was Tiberius Caesar. Everywhere there was civil order, for the arm of the Roman law was long. Everywhere there was stability, in government and in society, for the centurions saw that it was so.

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But everywhere there was something else, too. There was oppression—for those who were not the friends of Tiberius Caesar. There was the tax gatherer to take the grain from the fields and the flax from the spindle to feed the legions or to fill the hungry treasury from which divine Caesar gave largess to the people. There was the impressor to find recruits for the circuses. There were executioners to quiet those whom the Emperor proscribed. What was a man for but to serve Caesar?

There was the persecution of men who dared think differently, who heard strange voices or read strange manuscripts. There was enslavement of men whose tribes came not from Rome, disdain for those who did not have the familiar visage. And most of all, there was everywhere a contempt for human life. What, to the strong, was one man more or less in a crowded world?

Then, of a sudden, there was a light in the world, and a man from Galilee saying, Render unto Caesar the things which are Caesar's and unto God the things that are God's.

And the voice from Galilee, which would defy Caesar, offered a new Kingdom in which each man could walk upright and bow to none but his God. Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me. And he sent this gospel of the Kingdom of Man into the uttermost ends of the earth.

So the light came into the world and the men who lived in darkness were afraid, and they tried to lower a curtain so that man would still believe salvation lay with the leaders.

But it came to pass for a while in divers places that the truth did set man free, although the men of darkness were offended and they tried to put out the light. The voice said, Haste ye. Walk while you have the light, lest darkness come upon you, for he that walketh in darkness knoweth not whither he goeth.

Along the road to Damascus the light shone brightly. But afterward Paul of Tarsus, too, was sore afraid. He feared that other Caesars, other prophets, might one day persuade men that man was nothing save a servant unto them, that men might yield up their birthright from God for pottage and walk no more in freedom.

Then might it come to pass that darkness would settle again over the lands and there would be a burning of books and men would think only of what they should eat and what they should wear, and would give heed only to new Caesars and to false prophets. Then might it come to pass that men would not look upward to see even a winter's star in the East, and once more, there would be no light at all in the darkness.

And so Paul, the apostle of the Son of Man, spoke to his brethren, the Galatians, the words he would have us remember afterward in each of the years of his Lord:

Stand fast therefore in the liberty wherewith Christ has made us free and be not entangled again with the yoke of bondage.

## NEW YEARS EVE 2015

"Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."

~Corinthians 5:17

The last day of the year is an excellent time to let go.

Let go of the things that did not work. Say goodbye and give thanks for the people who have left your life.

Now is the time to finish on "lessons learned." Distill out the best for your "best practices:" and then make sure you no longer hold on to the things that God wanted moved out of your life.

Now is also the time to see your picture of the year ahead.

When I was in Texas this year I met a man who had weighed 600 lbs. He looked like he had lost about 400 lbs. I asked him how he did it. Full of vitality, he said one word – "visualization."

New Years Eve is our time to visualize a blessed 2016.



#### NEW YEARS 2016

Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert. ~ISAIAH 43:19

TD Jakes has a sermon I listen to often called "Faith, Hope and Charity." One of my favorite lines is "God does not need what you have lost to bless you!" Jakes preaches on the dangers of letting our grief over changes, trouble and violence in our lives and the world around us prevent us from finding the opportunities and blessings available to us.

A New Year has begun. Let's embrace it and access our divine power to create a better culture and world for our children and the next generations.

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#### DEVOTIONALS FOR EACH DAY OF THE MONTH

This is the day which the Lord hath made; let us rejoice and be glad in it"

~PSALM 118:24

Start each day with giving thanks. It works wonders.



#### DAY 1

Now faith is the substance of things hoped for, the evidence of things not seen.

~Hebrew 11:1

Our faith is the building block of all we do. It is the substance – the ingredient – that builds the bricks that the bricklayer uses to build the home. It is a necessary source of the life we choose to lead; of the future we wish to create.

This morning, nurture your faith, your hope and your love. These are the source of your power – of everything you will do today.

Above all else guard your heart, for from it flows the wellsprings of life"

~Proverbs 4:23

A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you a heart of flesh. ~EZEKIEL 36:26

Globally, the leading cause of death is heart disease – approximately 7.5 mm deaths a year. Let's call heart disease what it really is – a broken heart.

If you break that that down in the United States, 611,000 men and women die annually from a broken heart, 16,000 from homicide and 41,000 from suicide. That is to say that 1674 people a day die from a broken heart, 112 from suicide no doubt caused by a broken heart and 43 from homicide, some or all of which are caused by a broken heart.

This means we should be spending at least 40 times as much concern on protecting ourselves and our loved ones from a broken heart as from a violent crime or act.

While I appreciate that it is hard to ignore the latest boogeyman, understand that one of the goals of the people organizing and financing these operations and the subsequent boogeyman media shriek-o-meters is to break your heart.

Consequently, the best thing you can do for your health and your finances today is to nurture your faith, your hope and your love. Feed and strengthen your heart and the hearts of those around you.



For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. ~II TIMOTHY 1:7

There is not enough time and money in our lives to protect ourselves from all the evils and accidents of this world. This is not to say that we should not try – sound risk management is an essential part of a successful life.

The best use of our time and resources is serving the source of love. Focus today on serving your purpose and look for divine intelligence to guide and to protect you and yours from the risks of this world.

Fear is a business – one designed to steal from you and me. Let your fear inform but reject the spirit of fear. Invest in the divine protection to bless you on the pathway that you choose.

As one of my colleagues said, "Are we going to use our time to steal each others pies, protect our pies, or bake more pies?"

#### DAY 4

"Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof." ~PROVERBS 18:21

The spoken word can give life; it can also kill. The spirit of offense is on the rise – more people giving and taking offense around us. It's a part of what is breaking hearts and minds.

I read a study recently that found that on the Internet, the meaner you are, the smarter people think you are. I reported this to the Solari team and assured them that it was fine if our audience thinks we are stupid. That's because kindness nurtures the hearts of the people to whom we speak and our hearts are a critical part of our intelligence.

Words also carry the power of intention. When we speak, the law of attraction is at work. Speak what you wish to attract, not what you wish to put behind you or to avoid.

Words have power. Use them as a person who appreciates your power to create and to build.

And we know that all things work together for good to them that love the Lord, to them who are the called according to his purpose.

~ROMANS 8:28

During the greatest period of violence in my life, I read the *Course in Miracles*. It begins as follows:

Nothing real can be threatened.

Nothing unreal exists.

Herein lies the peace of God.

As family, friends, colleagues rejected me and my business was destroyed, I found myself saying, "Well, I guess that was not real... Well, I guess that was not real either." Over a long period of time, I started to build my life on things that were real. My life felt more grounded, better.

Which is to say when something bad happens, when you lose someone or something you loved, consider that your life is a story and what just happened will turn out to be the best thing that ever happened to you. How would the story weave around such an assumption?

Have the faith to see the opportunity in everything. It's there – but you have to find it.

#### DAY 6

Be ye angry, and sin not: let not the sun go down upon your wrath. ~EPHESIANS 4:26

Anger kills. Find a way to compost it into fresh soil. We live in difficult times. Nurturing and growing your anger is a luxury that your health and finances cannot afford. You need a strong body and a clear mind. So get angry, and then get over it and get going.



Weeping may endure for a night, but joy cometh in the morning. ~PSALM 30:5

Things always look better in the morning after a good night's sleep. Ignore any feelings of hopelessness that come after sundown – even if that requires suspending all intellect!



#### DAY 8

And judgment is turned away backward, and justice standeth afar off: for truth is fallen in the street, and equity cannot enter.

~Isaiah 59:14

Isaiah speaks to the heart of deflation. No justice? Then equity will stay away – human equity, all forms of living equity and financial equity as well. Things grind to a halt as the trust dies from human intercourse and the marketplace.

Give thanks today for those in your life who give and take the gift of trust. This trust is an essential building block of the liquidity that makes the world go.

And they shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations. ~ISAIAH 61:4

For as the earth bringeth forth her bud, and as the garden causeth the things that are sown in it to spring forth; so the Lord God will cause righteousness and praise to spring forth before all the nations. ~ISAIAH 61:11

We destroy a culture and economy by stripping it of righteousness. Revive the righteousness and miracles begin to happen. Consider the fact that there is nothing sexier than righteousness well done.



#### **DAY 10**

The prayers of a righteous man availeth much. ~JAMES 5:16

There is nothing more important than the quality of the people with whom you associate and with whom you do business. Forget about prestige, status and wealth. Seek out and associate with people who have the "heart of God."

Today give thanks for those people in your life. Say prayers for them. Your prayers have real power. Surround yourself with people who can bring such power to bear on any situation. Surround yourself with people who speak life into your situation.



And the LORD said unto Gideon, The people that are with thee are too many for me to give the Midianites into their hands, lest Israel vaunt themselves against me, saying, Mine own hand hath saved me. Now therefore go to, proclaim in the ears of the people, saying, Whosoever is fearful and afraid, let him return and depart early from mount Gilead. ~Judges 7:2-3

The story of Gideon's army is my favorite Bible story. The angel of the Lord explains to Gideon that the Lord can perform miracles with a few faithful, competent people. However, the Lord cannot accomplish anything if people who are not faithful or are not competent are present.

I used to have a partner who said that before we proceeded with any big project we should get everyone together and tell the scared guys to go home. In this day and age, that is lifesaving advice.

#### **DAY 12**

Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles? Even so every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit. A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit. Every tree that bringeth not forth good fruit is hewn down, and cast into the fire. Wherefore by their fruits ye shall know them.

~MATTHEW 7: 16-20

Whatever you do today, be useful. It is not possible to be perfect. It is not possible to always be right. But in everything you do today, try to do your best to grow what is healthy and starve that which is not. It is amazing what you can accomplish if you hold yourself to this discipline while never quitting.

In every situation today, look for the opportunity to be fruitful.

Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

~PSALM 19:14

Let God speak through you today. If you do, you may surprise yourself!



#### **DAY 14**

Hast thou given the horse strength? hast thou clothed his neck with thunder? Canst thou make him afraid as a grasshopper? the glory of his nostrils is terrible. He paweth in the valley, and rejoiceth in his strength: he goeth on to meet the armed men. He mocketh at fear, and is not affrighted; neither turneth he back from the sword. The quiver rattleth against him, the glittering spear and the shield. He swalloweth the ground with fierceness and rage: neither believeth he that it is the sound of the trumpet. He saith among the trumpets, Ha, ha! ~JOB 39:19-25

When the spirit of fear starts hanging around, I often turn to Job for this reminder of courage and how it good it feels. Fear warns us; that is a good thing. Courage is not letting it take hold and make our decisions for us.

Our Father which art in heaven, Hallowed be thy name.
Thy kingdom come. Thy will be done | in earth, as it is in heaven.
Give us this day our daily bread.
And forgive us our debts, as we forgive our debtors.

And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

~MATTHEW 6:9-13

The Lord's Prayer is one of the most spoken prayers on our planet. You are tapping into a field that millions of people are creating and sharing not just today but every day for centuries. Now that's prayer power!

#### **DAY 16**

My beloved is mine, and I am his: he feedeth among the lilies. Until the day break, and the shadows flee away, turn, my beloved, and be thou like a roe or a young hart upon the mountains of Bether.

~Song of Solomon 2:16-17

Let us get up early to the vineyards; let us see if the vine flourish, whether the tender grape appear, and the pomegranates bud forth: there will I give thee my loves. The mandrakes give a smell, and at our gates are all manner of pleasant fruits, new and old, which I have laid up for thee, O my beloved.

~Song of Solomon 7:12-13

We came into this life to love one another. If you feel your juices running dry, pick up the Song of Solomon this morning and start reading until they are flowing again.

Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof. ~MATTHEW 6:34

We worry way too much about things in the future that never happen. It is good to anticipate risk. At the same time you will accomplish a great deal today if you focus on the task at hand. It is important that you have a great day today and accomplish your purpose – whatever that may be.



#### **DAY 18**

These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world. ~JOHN 16:33

Not only does God have your back, He has the whole world's back. That's the good news. Now all we need is for 8 billion people to practice the Golden Rule and we are home free. That's the hard part.



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"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." ~JEREMIAH 29:11

There is someone rooting for you today and every day. Thinking about it is a great way to start your day.



#### **DAY 20**

Who can find a virtuous woman? for her price is far above rubies.

The heart of her husband doth safely trust in her, so that he shall have no need of spoil.

She will do him good and not evil all the days of her life.

She seeketh wool, and flax, and worketh willingly with her hands.

She is like the merchants' ships; she bringeth her food from afar.

She riseth also while it is yet night, and giveth meat to her household, and a portion to her maidens.

She considereth a field, and buyeth it: with the fruit of her hands she planteth a vineyard.

She girdeth her loins with strength, and strengtheneth her arms.

She perceiveth that her merchandise is good: her candle goeth not out by night.

She layeth her hands to the spindle, and her hands hold the distaff.

She stretcheth out her hand to the poor; yea, she reacheth forth her hands to the needy.

She is not afraid of the snow for her household: for all her household are clothed with scarlet.

She maketh herself coverings of tapestry; her clothing is silk and purple.

Her husband is known in the gates, when he sitteth among the elders of the land.

She maketh fine linen, and selleth it; and delivereth girdles unto the merchant.

Strength and honour are her clothing; and she shall rejoice in time to come.

She openeth her mouth with wisdom; and in her tongue is the law of kindness.

She looketh well to the ways of her household, and eateth not the bread of idleness.

Her children arise up, and call her blessed; her husband also, and he praiseth her.

Many daughters have done virtuously, but thou excellest them all.

Favour is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised.

Give her of the fruit of her hands; and let her own works praise her in the gates.

~Proverbs 31:10-31

One of the best experiences of my life was studying Spiritual Warfare at Greater Mt. Calvary Holy Church. The follow up class was God's Noble Woman – an entire class on Proverbs 31:10-13 – on what it meant and how to apply it to our lives. To this day, I have a tiny frame on my desk of a needlepoint made for each graduate, saying "God's Noble Woman."

Whenever I travel, if the motel or hotel has a Bible, I leave my tip on the Bible turned to this passage. That's because the world is full of Gods Noble Women who care for the places where we work and sleep. They keep them clean – both in the material and in the spirit. They make an extraordinary difference in our lives – one we rarely understand or appreciate.



Get wisdom, get understanding: forget it not; neither decline from the words of my mouth.

Forsake her not, and she shall preserve thee: love her, and she shall keep thee.

Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding.

Exalt her, and she shall promote thee: she shall bring thee to honour, when thou dost embrace her.

She shall give to thine head an ornament of grace: a crown of glory shall she deliver to thee. ~PROVERBS 4:5-9

The Bible says that the fear of the Lord is the beginning of knowledge as well as the beginning of wisdom. Pastor Timothy J. Keller once preached on this question of fear. He said that the Bible does not mean that we need to be afraid of God. The Bible means that once you feel the love of

God, you fear losing that love more than you fear losing the material things in your life. As a result, you organize your life around being true to this love and the values that it creates. I always struggle to explain to people who are concerned about protecting themselves against the many risks that we face, that they need to fear most losing the protection of divine love rather than focusing on protecting themselves from evil.

It is the difference between playing offense versus defense.

Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. ~ EPHESIANS 10-13

Ultimately, there is only one thing that can protect us from evil and that is the "whole armour of God." There have been countless times when I have been faced with a hopeless situation and I refused to compromise. Each time, a miracle happened. A door opened as a result of my insistence on simply "standing." For example, I tell the story in my online book:

"When Hamilton's offices were seized, I found myself before a battery of new attorneys brought in by our insurance company. At one point, one of them suggested that we shift the responsibility for an action to a corporate subcontractor in a manner that would abrogate our verbal contract with them. When I made clear I would not do that, they said I had no choice. If I did not do what they said, the insurance carrier would pull their representation and with no attorneys – like the young people being rounded up by Operation Safe Home – I would go to jail. And so I decided it was time to lay down a few ground rules that would help newcomers understand what was involved with working with me. I said:

"Gentlemen, I am obedient to the laws of God and there is nothing that you can say or do that will cause me to violate them. If that means that I am going to jail, then I am going to jail, if only to organize the last group of entrepreneurs I need to run the country when the government collapses. Because if people like me are going to prison, then it is only a matter of time until this government fails."

Interestingly enough, the lawyer who threatened me, told me many months later that this was the moment in which he realized that we were going to win."

Behold the Lamb of God, which taketh away the sin of the world. ~JOHN 1:29

I have talked and written a lot about the importance of "coming clean." Nothing helps us wash away our sins and the harm done to us by the sins of other as much as the blood of Christ.

Remember today that Christ's love offers us forgiveness and a fresh start whenever we truly ask.



#### **DAY 24**

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters.

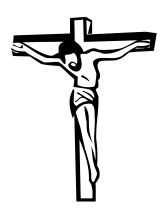
He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever. ~PSALM 23

I would never have believed it possible – to face death without fear of evil – until I had to do it. Now I know that what is real can not be lost so long as we do not let our fear of evil persuade us to let it go. Death is not the worst thing that can happen. Serving evil is much worse than death. However, this is an understanding and ultimately a decision that each one of us must come to in our own time and in our own lives. Evil has its way in this world because humans choose to serve it rather than risk death. Where we are reflects the choices that we have made. We need to choose to fear no evil.



#### **DAY 25**

I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. ~ROMANS 12:1-2

I struggle with maintaining good habits in the face of discouraging news. It helps me to remember that my mind and body are gifts of God, worthy of respect and capable of transformation. When I get discouraged, I can stop, renew and be transformed by that renewal.

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I will stand upon my watch, and set me upon the tower, and will watch to see what he will say unto me, and what I shall answer when I am reproved.

And the LORD answered me, and said, Write the vision, and make it plain upon tables, that he may run that readeth it. For the vision is yet for an appointed time, but at the end it shall speak, and not lie: though it tarry, wait for it; because it will surely come, it will not tarry.

~Наваккик 2: 1-3

Sometimes we may think we are talking sense, yet we do not seem to be getting anywhere. Sometimes, it takes a long time for a point of view to be heard. We need to keep saying it, supporting it, communicating it and having faith in God's time, rather than our time.

#### **DAY 27**

And now abideth faith, hope, charity, these three; but the greatest of these is charity.

~1 CORINTHIANS 13:13

Here are the words from TD Jakes in "Faith Hope and Charity:"

If I were to focus on one word that I really want you to really sink your teeth into, it would be 'abideth'. "And now abideth faith, hope and charity, these three; but the greatest of these is charity." Abideth.

Any time the word abideth shows up, it literally means stays. And now stays faith, hope, and charity; but the greatest of these is charity. Most of you know the word 'charity' here is the same word that we have for love. For now abideth faith, hope, and love, these three. This is what stays.

When you begin to live life, you begin to find out that a lot of things don't stay.

A lot of things don't last. If you build on things that move, you won't last. You have to build, then, on something in your life that is going to be there for the duration of your life and not be seasonal situations that come and go.

The Bible has clearly identified to the believer what you're going to have left when everything is said and done is faith, hope, and charity. These three must be protected at all costs because if there's anything that the enemy comes to kill, steal, and destroy, it would be your faith, your hope, and your charity.

I am convinced, and a lot of people would feel differently, but I am convinced that Satan has no need for my car. He doesn't need my car. He doesn't need my house. He doesn't need my clothing. He doesn't need anything. He doesn't need my health. He doesn't need any of the

things that you're being attacked about today. Those are the avenues that he takes to access something that he can benefit from, but he doesn't need those things.

If you're just fighting him for those things, you could miss the more weighty matter of what he's really out to destroy in your life. He comes to kill, to steal, and to destroy. And the thing that he really wants to assassinate in your life is your faith, your hope, and your love.

When you are in a war, it is important to understand what the enemy's goals are. Now you know.



44

The hand of the LORD was upon me, and carried me out in the spirit of the LORD, and set me down in the midst of the valley which was full of bones,

And caused me to pass by them round about: and, behold, there were very many in the open valley; and, lo, they were very dry.

And he said unto me, Son of man, can these bones live? And I answered, O Lord GOD, thou knowest.

Again he said unto me, Prophesy upon these bones, and say unto them, O ye dry bones, hear the word of the LORD.

Thus saith the Lord GOD unto these bones; Behold, I will cause breath to enter into you, and ye shall live. ~EZEKIEL 37:1-5

The Valley of the Dry Bones is another Bible story that I love. Life is a precious and powerful force. It shows up at amazing times and amazing places. Invite it into your life today and every day. Think it's hopeless? Speak life into your situation.



O God, thou art my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is;

To see thy power and thy glory, so as I have seen thee in the sanctuary.

Because thy loving kindness is better than life, my lips shall praise thee.

Thus will I bless thee while I live: I will lift up my hands in thy name.

My soul shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips:

When I remember thee upon my bed, and meditate on thee in the night watches.

Because thou hast been my help, therefore in the shadow of thy wings will I rejoice.

My soul followeth hard after thee: thy right hand upholdeth me.

But those that seek my soul, to destroy it, shall go into the lower parts of the earth.

They shall fall by the sword: they shall be a portion for foxes.

But the king shall rejoice in God; every one that sweareth by him shall glory: but the mouth of them that speak lies shall be stopped. ~PSALM 63

Sometimes we are called to fight. Sometime it is essential to stand firmly against corruption and lawlessness. At those times I go to David and the Psalms for the words of a warrior that remind me that evil can and must be stopped.



Ye are the light of the world. A city that is set on an hill cannot be hid.

Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

~MATTHEW 14-16

Just do it! Trust that you can do it.



#### **DAY 31**

After this lived Job an hundred and forty years, and saw his sons, and his sons' sons, even four generations. So Job died, being old and full of days. ~JOB 42:16-17

Ever feel like you are having a rotten day, week, month or year? Cheer up – pick up the Book of Job to read about a guy who had it worse. After you see what Job went through you will be feeling much better about your situation.

What is most important about the story of Job is the power of not losing faith and not quitting. Job made it through his trials and his story had a very happy ending. The scripture above are the last lines of the Book of Job.

I am reminded of one of my favorite quotes from TD Jakes about Job, "Don't put a period where God put a comma."

Don't you quit! Not today, not ever.

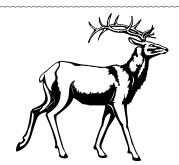
#### FOR YOUR BIRTHDAY

The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face towards you and give you peace." ~NUMBERS 6:24-27

Take time to celebrate this day. The gift of life is the greatest gift. Let's give thanks for you!



# FOR A DAY FACING TROUBLE



# The Deer's Cry

This prayer is believed to have been composed by Saint Patrick in the year 433. He was aware that there was an ambush to try to kill him and his group en route to the King's court. It was during the march that they chanted the sacred "Lorica" or "Deer's Cry" – later known as "St. Patrick's Breastplate." As the druids lay in hiding, ready to kill, they saw not Patrick and his men, but a gentle doe followed by twenty fawns. St. Patrick and his men were saved.

arise today through a strength, the invocation of the Trinity, through belief in the

Threeness, through confession of the Oneness of the Creator of creation.

I arise today through the strength of Christ with his Baptism, through the strength of His Crucifixion with His Burial through the strength of His Resurrection with His Ascension, through the strength of His descent for the Judgment of Doom.

I arise today through the strength of the love of Cherubim in obedience of Angels, in the service of the Archangels, in hope of resurrection to meet with reward, in prayers of Patriarchs, in predictions of Prophets, in preachings of Apostles, in faiths of Confessors, in innocence of Holy Virgins, in deeds of righteous men.

I arise today, through the strength of

Heaven; light of Sun, brilliance of Moon, splendor of Fire, speed of Lightning, swiftness of Wind, depth of Sea, stability of Earth, firmness of Rock.

I arise today, through God's strength to pilot me: God's might to uphold me, God's wisdom to guide me, God's eye to look before me, God's ear to hear me, God's word to speak for me, God's hand to guard me, God's way to lie before me, God's shield to protect me, God's host to secure me: against snares of devils, against temptations of vices, against inclinations of nature, against everyone who shall wish me ill, afar and anear, alone and in a crowd.

I summon today all these powers between me (and these evils): against every cruel and merciless power that may oppose my body and my soul, against incantations of false prophets, against black laws of heathenry, against

false laws of heretics, against craft of idolatry, against spells of witches, smiths and wizards, against every knowledge that endangers man's body and soul. Christ to protect me today against poisoning, against burning, against drowning, against wounding, so that there may come abundance in reward.

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ in breadth, Christ in length, Christ in height, Christ in the heart of every man who thinks of me, Christ in the mouth of every man who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me.

I arise today through a mighty strength, the invocation of the Trinity, through belief in the Threeness, through confession of the Oneness of the Creator of creation. Salvation is of the Lord. Salvation is of the Lord. Salvation is of Christ. May Thy Salvation, O Lord, be ever with us. Amen.

Beatus omnipotensque armatus Christi (Blessed and omnipotent is the warrior of Christ)

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# THE GOLDEN RULE

is a basic teaching of religions worldwide



#### **ISLAM**

No one of you is a believer until he desires for his brother what he desires for himself.



#### TAOISM

Regard your neighbor's gain as your own gain, and your neighbor's loss as your own loss.



#### BUDDHISM

Treat not others in ways that you yourself would find hurtful.



#### JUDAISM

What is hateful to you, do not do to your fellow man. That is the entire Law; all the rest is commentary.



#### CHRISTIANITY

Do unto others as you would have them do unto you.



#### HINDUISM

This is the sum of duty: do not do to others what would cause pain if done to you.



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